International Seasonal School of Gerontology and Geriatrics 22 – 25 October, 2018 Agenda

Monday, 22nd October

- 09:00 09:30 Registration (3-rd Floor Hall;) 09:30 - 10:00 Opening Ceremony (aud. № 328) Welcome speeches: 1. Prof., Dr.Merab Khalvashi Rector of Batumi Shota Rustaveli State University (BSU); 2. Dr.Rosette Farrugia-Bonello Deputy Director, International Institute of Ageing; United Nations, Malta; 3. Dr.Inga Shamilishvili Minister of Education, Culture and Sport of Ajara; 4. Dr.Zaal Mikeladze Minister of Health and Social Affairs of Ajara 5. Prof.Nona Kakauridze President of Georgian Gerontologists Association President of Georgian Atheroscorosis Association 10:00 - 11:00 Health and Social Packages Offered to the Elderly Population in **Ajara Republic** Dr.Zaal Mikeladze - Minister of Health and Social Affairs of Ajara 11:00 - 11:30 Coffee/Tea Break (room № 306) 11:30 - 13:00 Population Ageing and Development Dr.Alexandre Sidorenko, MD, PHD, International Tutor, International Institute on Ageing (United Nations-Malta); Senior Advisor of European Centre for Social Welfare Policy and Research (Vienna, Austria); 13:00 - 14.00 Basic Concepts in Gerontology **Dr.Rosette Farrugia-Bonello** Deputy Director, International Institute of Ageing, United Nations, Malta 14.00 - 15:00 Lunch (room № 306) 15:00 - 16:00 Madrid International Plan of Action on Ageing: Older Persons **Dr.Rosette Farrugia-Bonello** Deputy Director, International Institute of Ageing, United Nations, Malta 16:00 – 17:30 Visiting the Snt. Ekaterine Nursing House (group of experts)
- 18:00 Dinner (Restaurant "San-Remo", Rustaveli str. 34)

Tuesday, 23rd October

- 09:30 10:30 Madrid International Plan of Action on Ageing Dr.Rosette Farrugia-Bonello Deputy Director, International Institute of Ageing, United Nations, Malta
 10:30 - 12:00 Evidence Informed Policy on Aging Dr.Alexandre Sidorenko, MD, PHD Senior Advisor, European Centre for Social Welfare Policy and Research (Vienna, Austria); International Tutor, International Institute on Ageing (UN-Malta);
- 12:00 12:30 Coffee/Tea Break (room № 306)
- 12:30 14:00 Gerontology: Past, Present and Future Dr.Olga Mikhailova Deputy Director, Head of the Department for the International Research Cooperation of St.Petersburg Institute of Bioregulation and Gerontology
- 14.00 15:00 Lunch (room № 306)
- 15:00 16:30 Empowerment in Ageing: Human Rights of Older Persons Dr.Alexandre Sidorenko, MD, PHD Senior Advisor, European Centre for Social Welfare Policy and Research (Vienna, Austria); International Tutor, International Institute on Ageing (UN-Malta);
 16:30 - 17:00 The Nutritional Factors and Lipid Spectrum Influence on the Aging Prof.Nona Kakauridze Tbilisi State Medical University President of Georgian Gerontologists Association President of Georgian Atheroscorosis Association Prof.Nana Nikolaishvili Caucasian International University
- 17:00 End of session
- 18:00 Dinner (Restaurant "San-Remo", Rustaveli str. 34)

Wednesday, 24th October

09:30 - 10:00 Ageing of Immunity Assoc.Prof. Dr. Leila Akhvlediani

Batumi Shota Rustaveli State University

- 10:00 10:30 Epidemiology of Contagious and Noncontagious Diseases at Geriatric Age Dr.Nino Nizharadze Deputy Minister of Health of Ajara
- 10:30 12:00 Ageing and Programmes to Maintain Vital Resource PhD, Dr. Olga Mikhailova Deputy Director of Snt.Petersburg Institute of Bioregulation and Gerontology
- 12:00 12:30 Coffee/Tea Break (room 306)

12:30 – 14:00 Demographic Trends in the Eastern Countries
 Dr. Alexandre Sidorenko, MD, PHD
 Senior Advisor, European Centre for Social Welfare Policy and Research (Vienna, Austria);
 International Tutor, International Institute on Ageing (UN-Malta);

14:00 - 15:00 Lunch (room № 306)

15:00 - 15:30 Long-livers Population in Ajara Prof. Dr.Marina Koridze, Prof. Dr. Rusudan Khukhunaishvili Batumi Shota Rustaveli State University

- 15.30 Session Closing Ceremony/ Certificates
- 18:00 Dinner (Restaurant "San-Remo", Rustaveli str. 34)

Thursday, 25th October

Expedition to the High-Mountainous Region of Ajara

- 09:00 11:00 Transfer from Batumi to the High-Mountainous Region of Ajara: 12:00 16:00 Medical Charity Campaign/Action in Khulo"s Hospital
 - Meeting with long-livers
- 18:00 Dinner (Restaurant "Keda's Wine House")